

# BENSONS

CAFE & WINE BAR  
MT WAVERLEY

## SPRING & SUMMER MENU 2021

(V) Vegetarian  
(GFO) Gluten Free Option  
(VG) Vegan

*\* Please make us aware of any allergy you have. Although we try to meet everyone's needs, in some cases we may not be able to provide an option for your allergy*

### TO SHARE

**Cheesy Potato Croquette (V) \$4.00 EA**  
Crumbed potato croquette served with a kiwi & tabasco mayo slaw

**Arancini \$4.50EA**  
Our House Arancini served with pesto and lemon mayo

**Cauliflower Chickpea & Paneer Fritters (GF, V) \$4.50EA**  
Cauliflower chickpea & paneer fritters served with pickled cucumber, raita and green pepper chutney

**Garlic Bread (V) \$8.00**  
Toasted Turkish bread with garlic and oregano butter

**Lemon Pepper Calamari \$12.50**  
Flash fried calamari served with lemon mayo

**Tomato Bruschetta (V, VGO, GFO) \$13.50**  
Tomato bruschetta with parmesan and balsamic reduction

**Buffalo Wings (12PCS) \$15.50**  
Home-made buffalo wings in a choice of chipotle BBQ Sauce / Hot Sauce

**Chili Prawns (GFO) \$16.50**  
King Prawns sautéed in a spicy marinara sauce served with French baguette bread

**House Dips (V, GFO) \$14.00**  
Selection of our homemade dips served with toasted Turkish bread

**Cured Meats \$13.50**  
Selection of cured meats served with French baguette

**Cheese \$16.00**  
Selection of our homemade dips served with toasted Turkish bread

**Bensons Samples Board \$13.00 PP**  
**Antipasto Board \$12.50 PP**

### MAINS

**Lemon Pepper Calamari (GFO) \$26.00**  
Flash fried calamari, rocket & cucumber salad, beer battered chips served with lemon mayo

**Confit Duck \$26.80 (GF)**  
Confit duck legs served with duck fat kiffler potato rocket & pickled cucumber salad finished with orange and miso sauce

**Chicken Parmigiana \$28.00**  
Crumbed chicken breast, smoked ham, melted mozzarella & jack cheese served with rocket & cucumber salad and beer battered chips

**Slow Braised Beef Short Rib \$29.50 (GF)**  
Slow braised Beef short Rib in a rich red wine & pepper sauce served with seasonal greens on a bed of creamy polenta

**Full rack BBQ pork ribs 500G \$32.90 (GFO)**  
A full rack of our slow cooked pork ribs glazed with our house smoky chipotle BBQ sauce served with a green apple slaw and beer battered chips

**Grilled Calamari Salad \$24.50**  
Grilled lemon pepper calamari w beetroot hummus, rocket, sun dried tomatoes, cucumber, shallots, rocket, finished in a lemon and dill dressing served with charred lemon

**Market Fish \$Market Price**

Ask our helpful staff or see our  
Specials Board

### SIDES & EXTRAS

Rocket, Cucumber & Parmesan Salad **\$10.00**  
Spring Vegetable Salad **\$15.00**  
Beer Battered Chips **S \$4.50 L \$11.00**  
Seasonal Veggies **\$10.00**

## Dinner Menu

### PASTA

*Choice of Gnocchi, Penne, Linguini*

**Napoli \$16.50**  
Choice of pasta cooked in our rich Napoli sauce

**Mushroom (V, VGO) \$18.00**  
Mixed mushrooms, gnocchi and spinach finished with a pesto and butter sauce  
| Add Chicken +\$5.50 |

**Alfredo \$19.50**  
Choice of chicken or prawn with bacon in a creamy alfredo sauce

**Seafood \$23.50**  
Prawns, clams, calamari, scallops cooked with garlic and tomato bruschetta mix in a lemon butter and basil pesto sauce finished with a touch of chili

### RISOTTO

**Moroccan Pumpkin (V, VGO) \$18.00**  
Sundried tomatoes, rocket, spinach & Moroccan spices cooked in a rich pumpkin puree with a touch of cream finished with kale crisps and a drizzle of balsamic reduction  
| Add chorizo +\$4.50 |

**Chicken & Avocado \$21.00**  
Chicken, avocado, sundried tomatoes, feta cooked in a creamy pea puree

**Confit duck \$23.00**  
Shredded confit duck, mixed mushrooms, spinach, cherry tomatoes, finished with a duck jus

**Seafood \$24.50**  
Prawns, clams, calamari, scallops cooked with garlic and tomato bruschetta mix in a butter & white wine sauce with a touch of Napoli and chili



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### COFFEE

#### CORTADO BLEND 35

Short Black \$3.50 | Piccolo \$3.80 |

Latte | Cappuccino | Flat White | Short  
Macchiato | Long Macchiato | Long black |  
Iced Latte REG \$4.00 | LRG \$4.80

Babycino \$2.00

Chai Latte (Arcadia) | REG \$4.50 | LRG \$5.50 |

Wet Chai REG \$5.50 | LRG \$6.00

Hot Chocolate REG \$5.00 | LRG \$5.50

Soy +\$0.60 Decaf +\$0.60 | Mocha +\$0.50  
Extra Shot +\$0.50  
Almond Milk +\$0.60 | Lactose Free Milk +\$0.60

### ICED COFFEE \$6.50

Iced Coffee | Iced Mocha | Iced Frappe

### TEA \$4.50

English Breakfast Supreme  
Chamomile  
Earl Grey Premium  
Lemongrass & Ginger  
Green Tea China Sencha  
Peppermint

### BOTTLED JUICES \$5.50

Apple | Orange | Pineapple & Cranberry

### SOFT DRINKS \$5.50

Coke | Diet Coke | Sprite | Lift  
San Pellegrino Sparkling Water  
Lemon Lime Bitters  
San Pellegrino Rossa Blood Orange

### WINE

#### BUBBLES

Sec & Co Prosecco, Victoria \$11.00 / \$38.00

Madame Coco Brut, Aude Valley, France  
\$13.00 / \$45.00

#### ROSE

2018 Bertaine, Rosé, Aude Valley, France  
\$11.00 / \$39.00

#### RED

House Red \$8.00

2017 Marques de Tezona Tempranillo,  
Castilla la Mancha, Spain \$10.00 / \$36.00

2019 The Hero of Zero Preservative Free  
Pinot Noir, McLaren Vale, South Australia  
\$11.00 / \$38.00

2018 The Hero of Zero Preservative Free  
Shiraz, Barossa Valley, Shiraz South Australia  
\$11.00 / \$38.00

2017 Little Giant Shiraz, Barossa Valley,  
South Australia \$14.00 / \$50.00

2018 Maretti, Chianti, Chianti Rufina, Italy  
\$15.00 / \$55.00

2017 The Apsley Cabernet Sauvignon Shiraz,  
Penola, South Australia \$16.00 / \$60.00

#### WHITE

2018 Burns and Fuller, Chardonnay, Adelaide  
Hills, SA \$10.00 / \$38.00

2018 Mandeleto, Pinot Grigio, Veneto and  
Romagna, Italy \$10.00 / \$38.00

2018 The Apsley Sauvignon Blanc, Penola,  
South Australia \$10.00 / \$38.00

2019 Earth Mother Organic Sauvignon Blanc,  
Marlborough, New Zealand \$13.00 / \$45.00

2017 Bernard Schurr, Riesling, Alsace, Rhone  
Valley, Bordeaux \$16.00 / \$60.00

## Dinner Menu

### SPIRITS

Spirits are available please ask  
our staff for options

### BEER

Asahi \$9.00  
Corona \$9.00  
Furphy \$9.00  
Cascade Light \$8.50  
Peroni \$9.00  
Cider \$8.50

### COCKTAILS \$16.00

**Daiquiri**  
Choice of Banana, Strawberry or Mango  
**Japanese Slipper**  
Midori, Cointreau and Pineapple Juice  
**Tablerone**  
Kahlua, Bailey, Milk and Vanilla Ice Cream

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